



HIGHLANDS RANCH ANIMAL HOSPITAL

13859 Carmel Valley Road, Suite B, San Diego, CA, 92130

858-240-5239

Antihistamine Dosing Chart

Antihistamine	< 5 lbs	5-10 lbs	11-20 lbs	21-50 lbs	51-100 lbs
Benadryl (Diphenhydramine)	12.5 mg/tsp syrup	12.5 mg/tsp syrup	25 mg tablet	25 mg tablet	25 mg tablet
	1 mL 2-3 times per day	2 mL 2-3 times per day	½ tab 2-3 times per day	1 tablet 2-3 times per day	2 tab 2-3 times per day
Allegra (Fexofenadine)	30 mg/tsp syrup	30 mg/tsp syrup	30 mg/tsp syrup	30 mg tablets	60 mg tablet
	½ mL 1-2 times per day	1 mL 1-2 times per day	2 mL 1-2 times per day	1 tablet 1-2 times per day	1 tablet 1-2 times per day
Zyrtec* (Cetirizine)	5 mg tablet	5 mg tablet	10 mg tablet	10 mg tablet	10 mg tablet
	½ tablet daily	1 tablet daily	1 tablet daily	1 tablet twice daily	2 tablets twice daily
Tavist (Clemastine)	0.67 mg/tsp syrup	1.34 mg tablet	1.34 mg	2.68 mg tablet	2.68 mg
	2 mL twice daily	½ tablet twice daily	1 tablet twice daily	½ tablet twice daily	1 tablet twice daily
Claritin (Loratidine)	1 mg/mL syrup	1 mg/mL syrup	10 mg tablet	10 mg tablet	10 mg tablet
	1 mL daily	2 mL daily	½ tablet daily	1 tablet daily	1 tablet twice daily

*Do not give Zyrtec with decongestant ingredient: Pseudoephedrine